

ILP Workshop Schedule - Third Quarter 2019

July Workshops					
Day	Date	Topic	Time		Location
Thursday	11	Saddleback Skills 4 Life	5:30pm	8:30pm	Orangewood Foundation
Tuesday	16	Healthy Relationships: Male Involvement & Responsibility (Young Men ONLY)	5:30pm	7:30pm	Orangewood Foundation
Thursday	18	Schools First Presents: The Art of Difficult Conversations	5:30pm	8:30pm	Orangewood Foundation
Wednesday	24	Basic Car Maintenance (18+ Year Olds ONLY)	5:30pm	8:30pm	Orangewood Foundation

August Workshops					
Day	Date	Topic	Time		Location
Saturday	3	SPECIAL EVENT - Choose Your Own Adventure - College and Career Fair	8:30am	1:00pm	OCDE Main Campus
Thursday	15	Saddleback Skills 4 Life	5:30pm	8:30pm	Orangewood Foundation
Thursday	22	Making Every Minute Count -Time Management	5:30pm	8:30pm	Orangewood Foundation
Wednesday	28	G.R.O.W. "Get Rid Of Worry" <i>Stress Relief Through Art & Gardening</i>	5:30pm	8:30pm	Orangewood Foundation

September Workshops					
Day	Date	Topic	Time		Location
Thursday	5	**Youth Rights and Resources / Birth Control Methods**	5:30pm	8:00pm	Orangewood Foundation
Thursday	12	Transitional Housing Options (17+ Year Olds ONLY)	5:30pm	7:30pm	Orangewood Foundation
Thursday	19	Saddleback Skillz 4 Life	5:30pm	8:30pm	Orangewood Foundation
Wednesday	25	Bite of Reality: Interactive Real-Life Finance Simulation	6:00pm	8:30pm	Orangewood Foundation

Helping Hands Community Service Workshop

Orangewood Foundation offers Community Service Workshops which enable ILP eligible youth to earn money in their Orangewood Account, while also earning community service hours.

Community Workshops are open to Foster & Non-Foster youth. ALL YOUTH 16-21 ARE WELCOME. Bring a Friend!

Date	Topic	Time		Location
Saturday, August 10th	Shelter Pet Care Packages *There will be an optional Tour of OC Animal Care following the workshop	9:00am	11:30pm	Orangewood Foundation & OC Animal Care

Please note that workshops may be added and workshop

Times, dates & location may change at any time! Please check our website (www.orangewood4you.org) for the most up to date schedule

RSVP opens at 4:00p.m. on the 25th of each month.

To RSVP, Please log onto www.orangewood4you.org/ilp

Be sure to RSVP to receive additional details regarding parking, what to bring, or any changes to the workshops.

Sensitive Topics are identified with ** Please prepare youth accordingly

**For more info, contact Christian Brown at
(714) 619-0227 or cbrown@orangewoodfoundation.org**

Location Info

Orangewood Foundation

1575 East 17th Street
Santa Ana, CA 92705

OCDE Main Campus

200 Kalmus Drive,
Costa Mesa, CA 92626

OC Animal Care

1630 Victory Road,
Tustin, CA 92782

Workshop Descriptions

July

July 11th - Saddleback Skillz 4 Life - Skillz4Life Workshops provide important life skills training for youth who are transitioning into independent living; helping them to realize their personal potential. Good food, great desserts, and interactive table discussions on rotating topics with individuals who care about youth, combine for a fun and worthwhile evening! ***Saddleback Volunteers have been coming to Orangewood Foundation to host workshops for 8 YEARS!!***

July 16th - Male Involvement and Responsibility (YOUNG MEN ONLY) - Male participants will gain an understanding of how traditional masculinity impacts men's reproductive health and health of others as well as gain comfort in communication with partners or clinicians about reproductive health issues.

July 18th - Schools First Presents: The Art of Difficult Conversations - Have you ever needed to have a difficult conversation with someone at school or at work? Not sure how to balance being honest and doing it professionally and respectfully? Let our friends from SchoolsFirst Credit Union share some tips that will help you walk that fine line.

July 24th - Basic Car Maintenance (18+ Year Olds ONLY) - Have you ever been stuck on the side of the road with car problems? Not sure how to fix a flat tire? Want to save money by changing your own Oil or Air Filter? Join us for this HANDS-ON workshop to go over some basic car repairs.

August

August 3rd - SPECIAL EVENT - Choose Your Own Adventure (College and Career Fair) – This event is geared towards current & former foster youth who are interested in pursuing an education and/or career past high school. You in attendance will be given the change to take the college or career path.. each one will have different workshops and booths to visit. Once the first half is completed, youth will be able to visit the booths for the other path as well to compare their options.

August 15th - Saddleback Skillz 4 Life - Skillz4Life Workshops provide important life skills training for youth who are transitioning into independent living; helping them to realize their personal potential. Good food, great desserts, and interactive table discussions on rotating topics with individuals who care about youth, combine for a fun and worthwhile evening! ***Saddleback Volunteers have been coming to Orangewood Foundation to host workshops for 8 YEARS!!***

August 22nd - Making Every Minute Count - Time Management - Do you ever wish you had more hours in each day? Well, we can't give you an extra hour. What we can do, is help you find out how to maximize your time by using it more effectively. We'll break down and prioritize daily routines and discuss some ways to make the most out of each minute.

August 28th - G.R.O.W. "Get Rid Of Worry" Stress Relief Through Art & Gardening - Join one of our own, "C" from the Orangewood Resource Center, for this fun, hands on workshop designed to help you relax and unwind. We'll be planting and decorating so don't be surprised if you get your hands a little dirty.

September

September 5th - Planned Parenthood: Youth Rights and Resources & Birth Control Methods - This presentation provides information on youth rights to accessing sexual and reproductive health care, including a discussion on local resources. During this session, participants learn also popular birth control methods beginning with abstinence and a comprehensive educational approach to preventing teen pregnancy. This session is supplemented with birth control models and condom demonstrations.

September 12th -Transitional Housing Options (17 YEARS+ ONLY) - Join representatives from a variety of Transitional Housing Programs for an interactive workshop designed to help you find the best fit for your life. Learn about the different perks and requirements of each program and ask questions to help you decide what is best for you.

September 19th - Saddleback Skillz 4 Life - Skillz4Life Workshops provide important life skills training for youth who are transitioning into independent living; helping them to realize their personal potential. Good food, great desserts, and interactive table discussions on rotating topics with individuals who care about youth, combine for a fun and worthwhile evening! ***Saddleback Volunteers have been coming to Orangewood Foundation to host workshops for 8 YEARS!!***

Sept 25th - Bite of Reality- Interactive Real-Life Finance Simulation - Bite of Reality participants receive a fictional identity, which includes an occupation, salary, family, credit cards, and a checking account. They then visit several stations to purchase housing, transportation, food, clothing, child care, entertainment, and other necessities. During the exercise, the teens must make challenging decisions when they discover their salary may not cover both their desires and necessary expenses. RCU volunteers are on hand to help students with their budget and financial priorities.

COMMUNITY YOUTH WORKSHOPS - August 10TH

August 10th - Helping Hands/Community Service - Shelter Pet Care Packages - OC Animal Care is one of the largest animal shelters in Orange County. Join us as we create toys and goodie bags to give to animals in care to help brighten their days. After making the items, participants are invited to join us at OC Animal Care in Tustin for a tour to see the animals we will be helping.