

ILP Workshop Schedule - Jan 2021

PLEASE NOTE: The COVID-19 pandemic will continue to have an impact on ILP workshops for some time. All in-person ILP workshops have been cancelled until at least April 2021. In their place, Orangewood ILP will be holding virtual workshops through Zoom.

*** Participants will receive the link to attend only after RSVPing for the workshop.***

Zoom Workshops				
Day	Date	Topic	Time	Location
Thurs	7	Is Social Media good for you?	6:00pm - 7:30pm	Online - Zoom
Mon	11	Awakened to who I AM - Vision Boards	6:00pm - 7:30pm	Online - Zoom
Wed	13	Building a Positive Financial Mindset	4:00pm - 5:30pm	Online - Zoom
Tues	19	The Ups and Downs of: Buying and Owning a car	6:00pm - 7:30pm	Online - Zoom
Wed	27	SchoolsFirst Presents: Credit Basics	6:00pm - 7:30pm	Online - Zoom
Workshops Designed for Youth and/or Caregivers				
Thurs	28	**Prudent Parenting / If I was a Caregiver **	6:00pm - 7:30pm	Online - Zoom

RSVP opens on December 24th, 2020. To RSVP, Please visit:

<https://www.orangewood4you.org/zoom-workshop/>

Be sure to RSVP to receive the link to attend the Zoom meeting.

Attention Caregivers!!

Caregivers are welcome to attend, and participate in, ANY workshop, however, workshops with ** will have content designed for both Caregivers AND Youth

Please note that workshops may be added and workshop Times, dates & locations may change at any time! Please check our website (www.orangewood4you.org) for the most up to date schedule, and to

RSVP

For more info, please contact Christian Brown at (714) 619-0227 or

EARN EXTRA ILP \$: Especially during this time, we encourage all ILP eligible youth to complete take home activities in order to earn money in their ILP account. A list of all assignments can be found at:

<https://www.orangewood4you.org/ilp/ilp-take-home>

WORKSHOP DESCRIPTIONS JANUARY 2021

January 7th - Is Social Media Good for you?- Join us as we discuss some of the research on how social media can be used to support versus harm young people's mental health and well-being. We'll check out some science-based apps that exist to support your well-being, and get your perspectives on how you think social media impacts you.

January 11th - Awakened to who I AM - 2020 is finally over. THANK GOODNESS. Join us as we our dream big for next year and create some vision boards. This workshop will be hosted by former Orangewood Peer Mentor Lia!

January 13th - Building a Positive Financial Mindset- Money. Apparently it's pretty important. It can be super overwhelming and stressful to think about it. But, if you're able to take a few key concepts and apply them to how you view money, they can have a huge impact on what your future will look like. This Workshop will be hosted by the organization The Female Economist, who's goal is to break the gender stereotypes in the finance industry, while providing the resources required to improve financial wellness. Financial knowledge can provide you with power over your future. It is our mission to help women and marginalized groups overcome the burdens of financial distress.

January 19th - The Ups (and Downs) of Buying (and Owning) a Car - Sure, buying and owning a car is awesome, but it isn't all fun and games.. and it can be quite a process. for this workshop, we'll talk through the steps involved in getting your license, getting ready to buy, the differences between loans/leases and buying cash, some info on car insurance, and more

SchoolsFirst Presents: Credit Basics - Credit. Considering it's something that we all need to build and maintain for all of our adult lives, why the heck is it so complicated? Our friends from SchoolsFirst Credit Union will break it down for us.

January 28th - Prudent Parenting / If I was a Caregiver - This workshop will feature content for both youth and caregivers. Youth and caregivers will be together for some of the workshop, and split up into different breakout rooms for other portions.

For Youth - Chances are, if you've been in the system, you've had plenty of people (caregivers, staff, CASA's etc.) that have told you what you can and can't do. Do you always agree? No. If you were in charge would you do things differently? Possibly. For this workshop, we'll try to put ourselves in the shoes of a caregiver to understand why they make the decisions they make, and offer up some suggestions to actual caregivers on how to best communicate with their youth. **For Caregivers** - Prudent parenting is all about creating a sense of normalcy for youth in a situation where they may feel anything but normal. Taking out the "middle man" decision-maker (whether that be social worker or judge), allows resource/foster parents to make decisions for reasonable, routine, day to day age appropriate activities based on their personal knowledge of the youth in their care. It allows resource parents to make the same decisions for their foster youth as biological parents would make for their biological children which promote growth academically, socially, emotionally or cognitively. For this workshop, we will focus on what decisions can be made and the factors that go into making those decisions.