

**Independent Living Program Cover Page**

**Category: Education Plan and Study Life**

**Activity: Complete a Vocational Assessment**

**Description:** **The objective of this assignment is to:** take a Vocational assessment in order to help you find some careers that might be best for you. The assessment is relatively quick and easy, and will provide you with results on your interests, and some careers that may be a good fit for you.

**How do I get credit for this assignment?**

- Complete the online assessment, and answer the questions provided.
- Email the completed work along with this cover sheet to: Michelle Estrada at [mestrada@orangewoodfoundation.org](mailto:mestrada@orangewoodfoundation.org)

**You may earn \$15.00 ILP dollars for completing this assignment.**

Total Dollars Earned:

<p><b>\$</b></p> <p>(ILP Use Only)</p>
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Notes:	<p><b>Goal:</b></p> <p><b>None</b></p>
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Date: \_\_\_\_\_

Youth Signature _____	Date of Birth _____
Print Name (Youth) _____	Group Home (If Applicable) _____

<p><b>Receipt</b></p>    <p>(ILP Use Only)</p>
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## Complete A Vocational Assessment

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### What is a Vocational Assessment?

A Career (or Vocational) assessment is a way to learn more about how well a variety of careers might suit you. Different types of assessments focuses on specific areas, such as skills, interests, or values. Typically, an assessment asks you to answer questions about what you like, don't like, what's important to you, and what your strengths are.

### Why is it good to take one?

A good **career assessment** helps people increase their self-awareness and their understanding of the job market. Most **career** assessments follow the methodology that a person needs to understand their interests, aptitudes, values, and skills to determine where they fit within the job market.

### PLEASE COMPLETE

1. **Photo Vocational Assessment** Take the following Career Assessment Quiz, and use your results to answer the questions below.

<https://www.123test.com/career-test/>

### 2. Questions

- What are your top two personality types?

\_\_\_\_\_

- Do you agree with the results?

\_\_\_\_\_

- What are two of the suggested careers that look the most interesting to you?

1. \_\_\_\_\_

2. \_\_\_\_\_

Click on “Read More” under the description for your top two careers to learn more about each.

- Which Career sounds the most interesting to you? Why?

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