

**Activity: Benefits of Volunteering**

Description: **The objective of this assignment is to:** Help you understand the importance of doing volunteer work as well as inform you on the different options out there and how to pick the best option for you.

**How do I get credit for this assignment?**

- Read through all of the information provided.
- Research the some options, and use the information you learned to answer the questions.
- Email the completed work along with this cover sheet to: Michelle Estrada at [mestrada@orangewoodfoundation.org](mailto:mestrada@orangewoodfoundation.org)

**You may earn \$10.00 ILP dollars for completing this assignment.**

Total Dollars Earned:

<p><b>\$</b></p> <p>(ILP Use Only)</p>
--

Notes:

	<p><b>Goal:</b></p> <p><b>None</b></p>
--	--

Date: \_\_\_\_\_

Youth Signature	Date of Birth
Print Name (Youth)	Group Home (If Applicable)

<p><b>Receipt</b></p>   <p>(ILP Use Only)</p>
--

## **Benefits of Volunteer Work**

---

### **What is volunteer work?**

To volunteer is to give your time and labor voluntarily to an individual or group for community service. The purpose is to offer your services, knowledge, and skills in service to a cause, usually people choose to volunteer in areas you are interested in working for.

### **What are the benefits of volunteering?**

Volunteering gives you the opportunity to learn new skills, connect to your community, strengthen your social skills, and expand your network. Aside from the personal growth, you get to be a part of something bigger than yourself by helping others. You can use these hours of volunteer work as experience in your resume and cover letters in the future when you are applying for college or jobs.

### **Different Options:**

- Serving seniors in your community, e.g., taking out their trash cans on trash day
- Church
- Tutoring another younger child
- Animal Rescue Shelters
- Food Pantries
- Museums
- YMCA
- Local Libraries
- Red Cross
- Retirement Homes

### **TO COMPLETE ACTIVITY**

Do some individual research in your hometown and find at least five places where you could volunteer.

Here are a few websites that can help you find volunteer opportunities around you:

- <https://www.volunteermatch.org/>
- <https://www.dosomething.org/us/about/volunteer-hours>
- <https://www.justserve.org/>

### **Your top choices:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_