

ILP Workshop Schedule - January 2022

PLEASE NOTE: The COVID-19 pandemic will continue to have an impact on ILP workshops for some time. Due to State, Federal and CDC guidelines, we will be holding mostly virtual workshops on ZOOM, with limited in-person workshops. Please note that in-person workshops will have a limited number of spots available.

Participants will receive the link to attend virtual workshops ONLY after RSVP'ing for the workshop.

THIS MONTH'S THEME: LOOKING FORWARD

Virtual Workshops

Day	Date	Topic	Time	Location
Tuesday	11th	Kaylee's Kitchen - A Healthy Twist on a Favorite Dish	6:00PM-7:30PM	ZOOM
Thursday	13th	Youth Voices Matter - <i>Share your thoughts on changes in the Foster Care System</i>	6:00PM-7:30PM	ZOOM
Thursday	20th	Foster Youth and Education: What You Need to Know	6:00PM-7:30PM	ZOOM

In-Person OR Virtual "Hybrid Workshops"

UPDATE: THE IN-PERSON PORTION OF THIS WORKSHOP HAS BEEN CANCELLED DUE TO INCREASED COVID CASES. THIS WORKSHOP WILL NOW BE VIRTUAL ONLY.

Tuesday	25th	EasterSeals Presents: "Si Se Puede/Yes We Can" Vision & Mindset	6:00PM-7:30PM	Orangewood Foundation
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The Following Workshop is Designed for Youth, Caregivers, CASA's and/or Social Workers

Saturday	29th	Orangewood Foundation Programs Overview	10:00AM-12:00PM	ZOOM
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RSVP opens on December 25th, 2021. To RSVP, Please visit:

<https://www.orangewood4you.org/workshops/>

Be sure to RSVP to receive the link to attend the Zoom meeting.

Attention Caregivers!!

Caregivers are welcome to attend, and participate in, ANY workshop, however, workshops under the heading "Workshops Designed for Youth and/or Caregivers" are hand picked to offer information equally important to youth and/or caregivers.

For more info, please contact Christian Brown at cbrown@orangewoodfoundation.org

EARN EXTRA ILP \$: Especially during this time, we encourage all ILP eligible youth to complete take home activities in order to earn money in their ILP account. A list of all assignments can be found at:

<https://www.orangewood4you.org/ilp/ilp-take-home>

WORKSHOP DESCRIPTIONS JANUARY 2022

THIS MONTH'S THEME: LOOKING FORWARD

Virtual Workshops

Tuesday, January 11th - Kaylee's Kitchen - A Healthy Twist on a Favorite Dish - New Year New You! With new year's resolutions in mind, and many of us wanting to live a healthier lifestyle, in this Kaylee's Kitchen we'll take some of your favorite dishes and give them a healthy twist. We'll walk you through a healthy main course and show you some healthier dessert options as well.

Thursday, January 13th - - This workshop will be focused on providing you with the opportunity to share your opinion about being under the care of the system. You can also share your experience transitioning out of care and into a transitional living program or living on your own. Feedback given by you during this workshop will be shared anonymously with supervisors, social workers, legislators etc., in order to help them make more informed changes.

Thursday, January 20th - Foster Youth and Education: What You Need to Know - Get informed on your educational rights as a foster youth. Learn how to advocate for your education: school discipline, special education, the Foster Youth Graduation Exemption, college & career assistance, etc. **THIS WORKSHOP WILL HAVE INFO MOSTLY DIRECTED TOWARD YOUTH IN HIGH SCHOOL AND THEIR SUPPORTERS.**

In-Person AND Virtual "Hybrid Workshops" - UPDATE: IN-PERSON PORTION CANCELLED

Tuesday, January 25th - EasterSeals Presents: "Si Se Puede/Yes We Can" - Growth Mindset- With the right mindset, and a vision for what you would like to achieve, nothing is impossible. Join our friend Sylvia from the EasterSeals Foundation as we talk through some barriers to success, and how we can use our resources to get over these barriers.

Workshops Specifically Designed for Youth and/or Caregivers

Saturday, January 29th - Orangewood Foundation Programs Overview - Join us for this informative and interactive workshop to learn what the Orangewood Foundation can do for you and/or youth you work with! We'll have presenters from various programs including ILP, Scholarships, Grants, The Orangewood Resource Center (ORC) and our new Youth Connected Program. This virtual workshop will give you the opportunity to choose which programs to learn more about, so you are able to gather the info that suits your individual situation.